



CIGARETTE SMOKING AMONG ADULTS IN ARKANSAS, 2007



In Arkansas,
1 in 4 men
smoke
cigarettes.

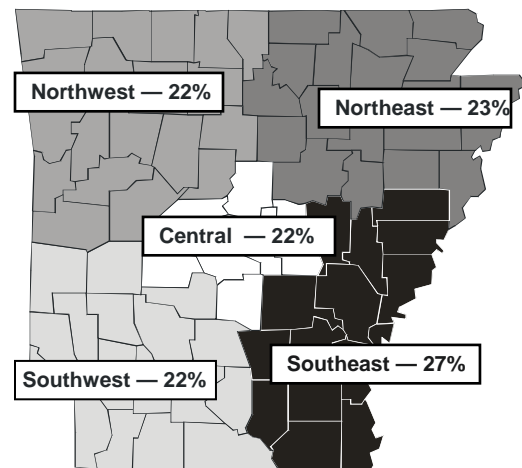
Arkansas
Behavioral
Risk Factor
Surveillance
System

THE BURDEN OF CIGARETTE SMOKING

- ◆ Adults who report currently smoking every day or some days are considered current smokers.
- ◆ According to the U.S. Surgeon General, cigarette smoking causes numerous types of cancers, as well as lung and heart diseases.
- ◆ The Centers for Disease Control and Prevention estimate that one in five deaths in the U.S. is smoking related.
- ◆ About 477,000 (22%) Arkansas adults currently smoke cigarettes.
- ◆ Adults in Arkansas are more likely (22%) to smoke cigarettes compared to U.S. adults (19%).

PUBLIC HEALTH REGION

The map to the right shows how smoking rates vary by public health region in Arkansas.



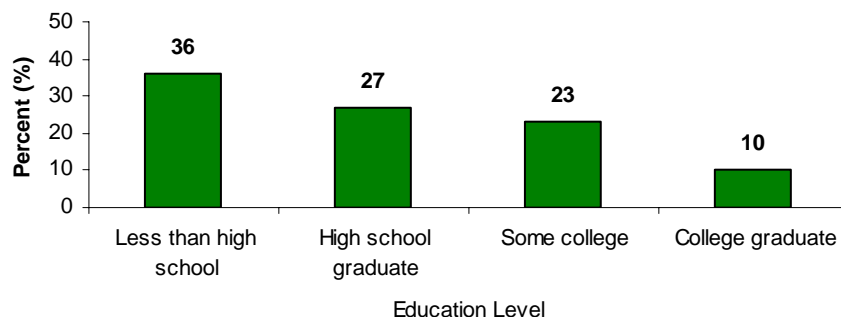
GENDER

Men are more likely to smoke (25%) compared with women (20%).

EDUCATION

Adults with less education are more likely to smoke, as shown in the graph below.

Cigarette Smoking by Education Level

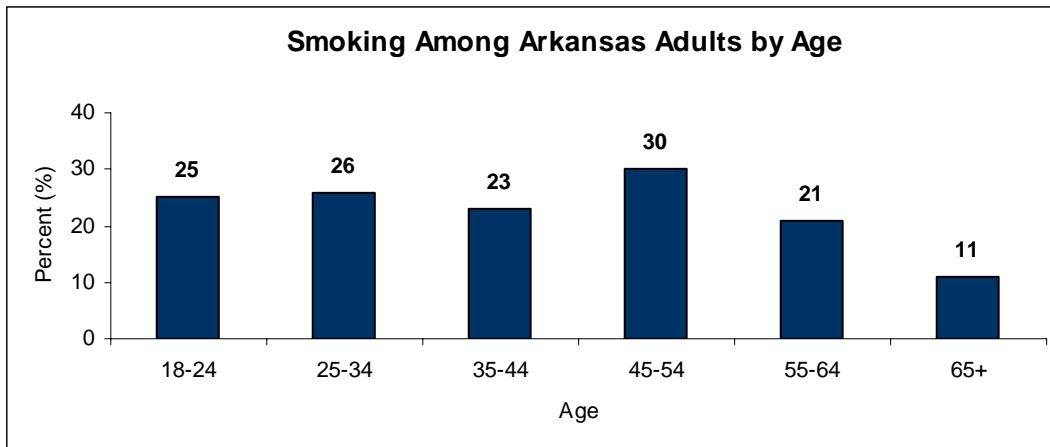


RACE/ETHNICITY

In Arkansas, white (23%), African American (21%), and Hispanic (20%) adults have similar smoking rates.

AGE

Smoking rates vary by age, as shown in the graph below.



In Arkansas, nearly 1 in 4 adults are former smokers.

METROPOLITAN VS. NON-METROPOLITAN*

In Arkansas, smoking rates are similar in metropolitan (21%) and non-metropolitan areas (24%).

KICKING THE HABIT

- ◆ 24% of Arkansas adults are former smokers.
- ◆ 57% of current smokers have tried to quit in the past year.



*Metropolitan areas of Arkansas include center cities, counties containing center cities, and suburban counties. Any areas outside of metropolitan areas are considered non-metropolitan.

For more information, visit
<http://brfss.arkansas.gov>